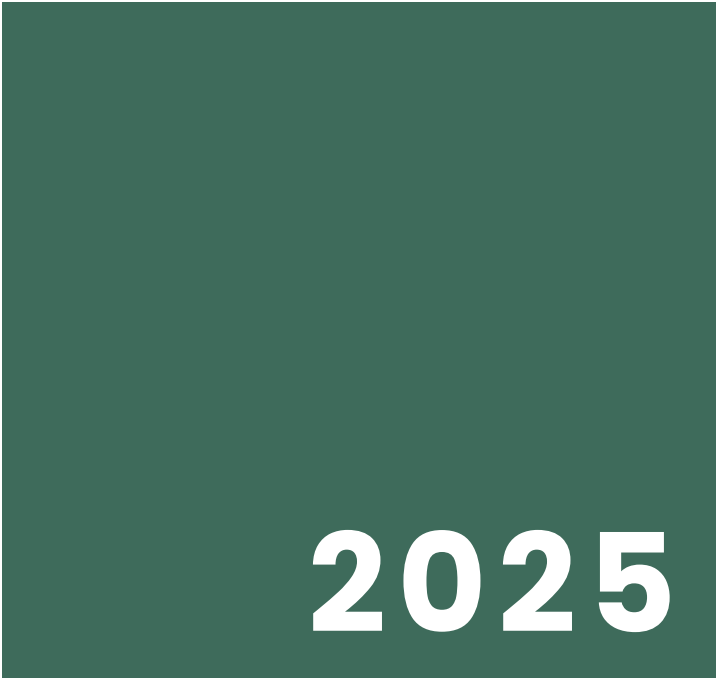




2025

COMMUNITY HEALTH NEEDS ASSESSMENT ACTION PLAN

Prepared By:

Woodlawn Health

Woodlawn Health

1400 East 9th Street
Rochester, IN 46931

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Dear Community Members,

Earning the right to care for our community involves numerous aspects, including the environment surrounding our health system. We are so grateful to our community for participating in all the surveys during the spring and summer of 2025. Your insights enable us to continue addressing the social determinants of health that impact our community. A lot of this work would not be possible without so many community and government partners, as outlined in this report. We want to thank them for their collaboration, and we look forward to working with them in the future.

As you read through our action plan, it is my sincere hope that the work we do daily within the walls of Woodlawn Health will continue to make a difference in Fulton County and beyond.

Sincerely,
Alan Fisher, CEO

A handwritten signature in black ink that reads 'Alan Fisher'.

CHNA OVERVIEW

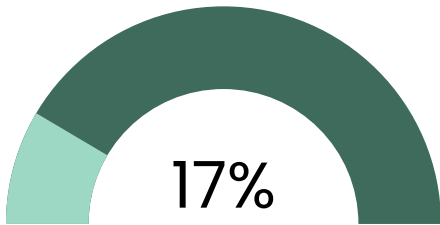
Woodlawn Health partnered with the Indiana Rural Health Association (IRHA) to conduct a Community Health Needs Assessment (CHNA) in 2025. The input from the community was directed by focus groups held at the Mellow Mug and the Senior Center in Rochester, Indiana. Boots on the ground surveys rounded out the community data section. Woodlawn and the IRHA then took the data from the focus groups and boots on the ground surveys to create an online 40-question survey.

Woodlawn Health's community statistics were identified by patient zip codes within Fulton County. Data from the assessment was collected from various sources. These sources included, the Census Bureau Tables, the Centers for Disease Control and Prevention, Mental Health America, the Indiana Department of Health, and more.



HOUSING AND HOMELESSNESS

According to the CHNA in Fulton County:



5,830 housing units with 82.9% occupied and **17.1% vacant.**

2.29

How does homelessness impact the health of your community?
(1=very negative, 5=very positive)

GOAL

Provide resources to those in need to combat the housing and homelessness area of concern.

ACTIONS AND RESULTS

Community Engagment and Education

- Distribute resources throughout the community by our patient navigators in the clinics.
- Be an active voice on the FEDCO board.
 - CEO Alan Fisher sits on the board.

TRANSPORTATION



GOAL

Continue to raise funds for mobile clinic and develop mobile clinic plans.

ACTIONS AND RESULTS

Mobile Clinic

- Woodlawn is currently raising funds for a mobile clinic to provide additional access to healthcare providers throughout the counties they serve.

Fulton County Transpo

- Woodlawn Foundation financially supports Transpo.

CHILDCARE



According to the CHNA in Fulton County:

3.90

Do you see a need for quality childcare in your community?
(1=no need, 5=extreme need)

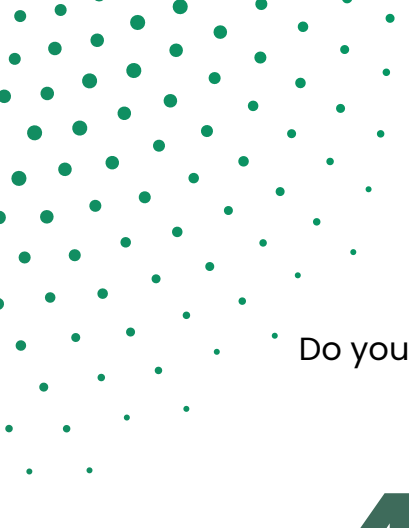
GOAL

Continue to engage in conversations regarding affordable childcare in Fulton County.

ACTIONS AND RESULTS

Community Engagement

- Participating in conversations regarding daycare services in the county.



MENTAL HEALTH

According to the CHNA in Fulton County:

Do you see a need for mental health services in your community?
(1=no need, 5=extreme need)

4.10

Youth Mental Health
Services

3.90

Mental Health
Services for anyone

5.9

average **mentally unhealthy
days** in the past 30 days.

GOAL

Continue to engage with the community through partnerships, connecting them with resources they need, and educating staff on mental health and trauma-informed care.

ACTIONS AND RESULTS

Community Engagement and Education

- Distribute resources throughout the community through our patient navigators in the community.
- Partner with local mental health services.
- Connect individuals to care they need.

Educate Staff

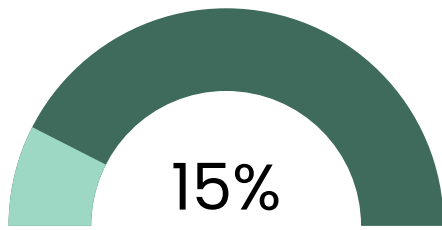
- Trauma-informed care and mental health assessments are provided throughout many departments of Woodlawn Health.

Medication Disposal

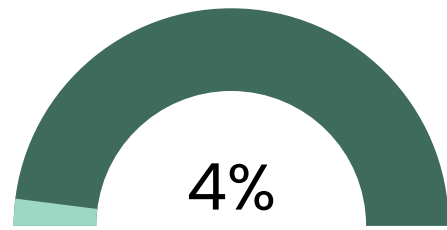
- Collaborated with Fulton County Chamber of Commerce, Northern Indiana Community Foundation, and others to open a medication disposal. Allowing for unused or old medication to be thrown away safely and properly. (See Appendix A3).

HEALTHY FOOD ACCESS

According to the CHNA in Fulton County:



15.2% food insecurity rate
in Fulton County



4% of Fulton County has limited
access to healthy foods

2.44

How does the cost of healthy food access
impact the health of your community?
(1=very negative, 5=very positive)

GOAL

Continue to produce food from the community garden and partner with the Purdue Extension Office/Dietary Services to offer materials (classes, menus, etc) about healthy foods and access to them.

ACTIONS AND RESULTS

Community Garden

- Woodlawn's wellness coordinator produces and maintains a plethora of healthy foods via a garden at Woodlawn. (See Appendix A4).

Community Engagement and Education

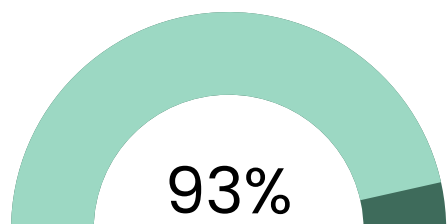
- Partner with the Purdue Extension office in Fulton County that offers healthy eating classes. (See Appendix A5).

Dietary Services

- The dietary department provides low-carb and heart-healthy meals for inpatients with a menu as a nutrition education.

ACCESS TO PROVIDERS/SPECIALISTS

According to the CHNA in Fulton County:



When asked whether they have a Primary Care Physician, **93.3% of all respondents responded affirmatively.**

GOAL

Provide access to providers via the mobile clinic, develop our rural residency program, and educate the community on the specialties we do have that they are unaware of.

ACTIONS AND RESULTS

Mobile Clinic

- Woodlawn is currently raising money for a mobile clinic to provide further access to providers throughout the counties they serve.

Residency Program

- Woodlawn is in the process of developing a residency program to bring more residents to Woodlawn Health.

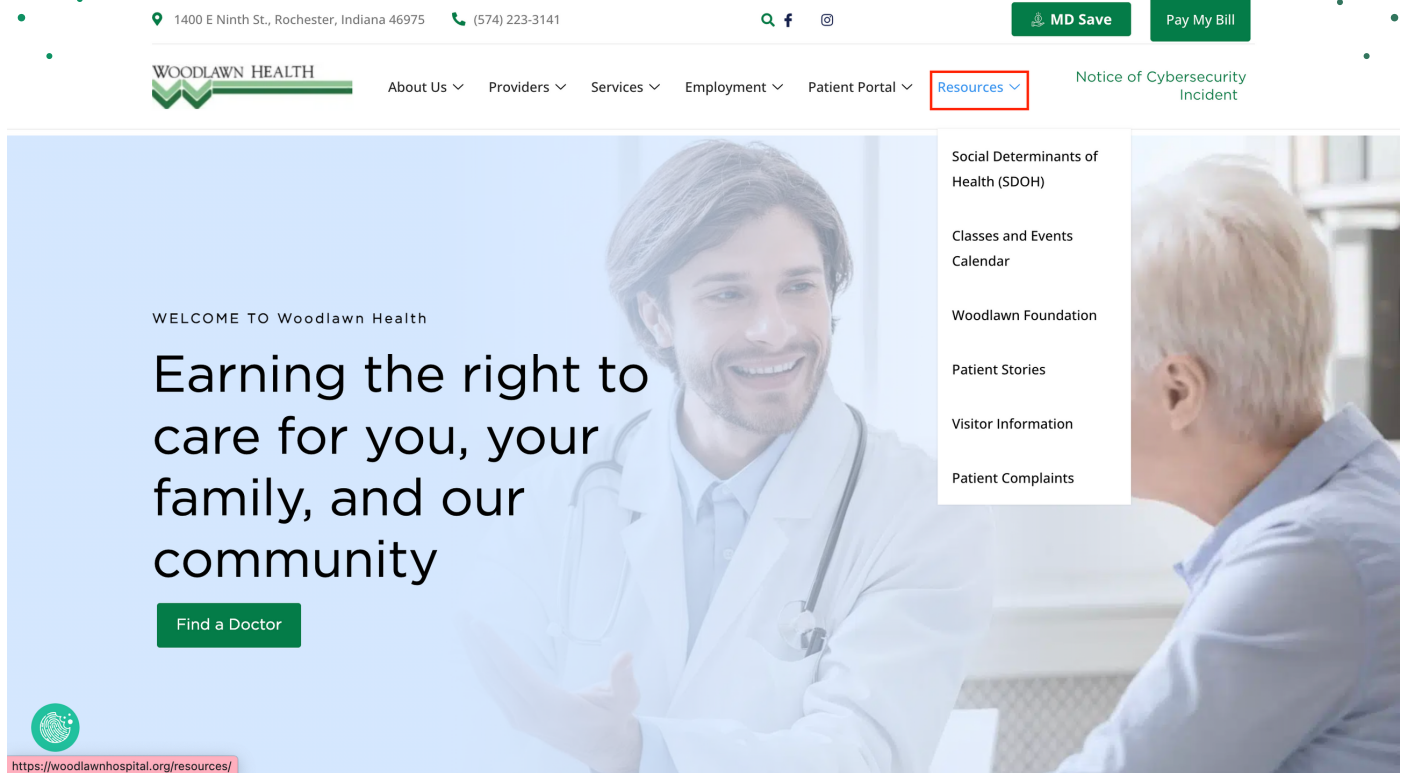
Community Education

- We have 3 of the top 5 specialties listed, but the community is unaware, based on the word cloud. (*Word Cloud in Appendix A2*)

We plan on educating the community by:

- Oncology: The department will write articles for publication on multiple platforms (traditional and digital).
- Cardiology: Working in partnership with contracted services for community education and engagement.
- OB: The OB department has many opportunities for community education. (See Appendix A1 for classes)

RESOURCE AWARENESS



GOAL

Educate the community about the Resource Hub on the Woodlawn website.

ACTIONS AND RESULTS

Resource Hub

- The Woodlawn website features a Resources tab that includes, patient stories, Visitor Information, Patient Complaints, class/event calendars, and the Social Determinants of Health (SDOH).

List of Resources

- Acquired a list of resources on identified priorities. (See Appendix A7).

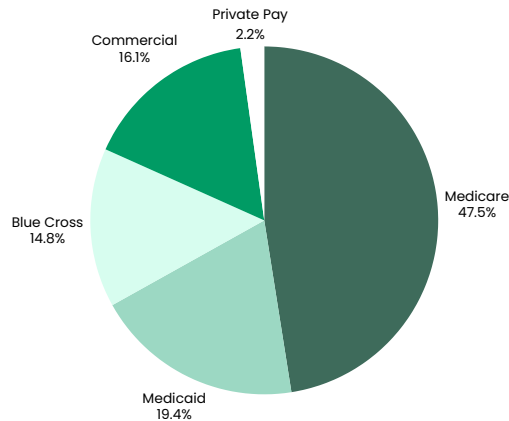
AFFORDABILITY

According to the CHNA in Fulton County:

2.44

Do you see a need for quality higher-paying jobs in your community?
(1=no need, 5=extreme need)

Overall Payer Mix



GOAL

Educate the community that Woodlawn Health provides wellness checks and that we continue to educate via wellness topics on social media, website, etc.

ACTIONS AND RESULTS

Cost of Care

- Partner to educate the community on wellness topics. (Patient Education: Smoking Cessation Classes, Healthy Eating, Dining with Diabetes, etc) (See Appendix A5).
- Provide wellness check services to local employees through blood tests, blood pressure checks, and weight checks. (See Appendix A6).

Higher Paying Jobs/Economic Growth

- Participation in the Akron and Rochester Chamber of Commerce
- Alan Fisher (CEO) on the Fulton Economic Development Corp (FEDCO) board.
- Woodlawn partners with Argos Economical Development Group.

APPENDIX A

1. List of community education done through the OB Department

- Baby 101 Classes, Prenatal Classes, Mom's Group (in partnership with LifePlex Plymouth), Safe Sleep Community Outreach (Fall Attendees = 230, Spring Attendees = 125), 1 on 1 Lactation Consultations, and Car Seat Evaluations.



WOODLAWN HEALTH
MATERNITY CLINIC

*Earning the right to care for you,
your baby, and our community.*



Baby 101 Classes

This is a basic newborn overview and safety class. We cover how to care for your new baby/grandbaby in the first few weeks home. It is recommended that you attend in your third trimester.

New Saturday Classes!

- September 20 at 12:30 p.m.
- November 15 at 10:30 a.m.

2025 dates and times:

- Aug. 14 at 1 p.m.
- Sept. 11 at 5 p.m.
- Oct. 9 at 1 p.m.
- Nov. 6 at 5 p.m.
- Dec. 4 at 1 p.m.

Call 574-224-1250 to pre-register.
It is essential for you to pre-register at least 24 hours ahead of class.



WOODLAWN HEALTH
MATERNITY CLINIC

*Earning the right to care for you,
your baby, and our community.*



Prenatal Classes

Learn about labor, delivery and infant care. It is recommended that you attend in your third trimester.

New Saturday Classes!

- September 20 at 10:30 a.m.
- November 15 at 12:30 p.m.

2025 dates and times:

- Aug. 14 at 5 p.m.
- Sept. 11 at 1 p.m.
- Oct. 9 at 5 p.m.
- Nov. 6 at 1 p.m.
- Dec. 4 at 5 p.m.

Call 574-224-1250 to pre-register.
It is essential for you to pre-register at least 24 hours ahead of class.



APPENDIX A

2.



3.



APPENDIX A

4.



5.

• DO YOU HAVE DIABETES?
• WANT TO MAKE THE BEST CHOICES
FOR YOUR HEALTH?
WE CAN HELP...

Dining with Diabetes

DATES, TIMES: November 5, 12:30-2:30 pm
November 12, 12:30-2:30 pm
November 19, 12:30-2:30 pm
December 2nd, 12:30-2:30 pm

LOCATION: Woodlawn Health, Classroom A/B
1400 E 9th St. Rochester, IN, 46975

COST: Free! Sponsored by Fulton Co. Health Dept.

Nutrition and physical activity are keys to managing your type 2 diabetes. But where do you start? The *Dining with Diabetes* program can help!

- *Dining with Diabetes* consists of four sessions and a reunion.
- Adults with type 2 diabetes (or who are at risk) are invited to participate. Family members, caregivers, and support persons, too.

The schedule:

Week 1 — What is diabetes? / Snacks & appetizers

Week 2 — Carbs & sweeteners / Desserts

Week 3 — Fats & sodium / Main dishes

Week 4 — Putting it all together! / Side dishes

Register by following this link:
<https://cvent.me/bAQyy5>

At the end of each class, participants will receive produce and other food items to help prepare foods and recipes demonstrated in class!!

Please register by:
November 5, 2025

For questions regarding the program and how to register, or to be added to a program wait list, please call the Fulton County Purdue Extension Office at 574-223-3397 or email Jessica at jcanned@purdue.edu

Extension - Health and Human Sciences

For more information, visit
<http://www.purdue.edu/hhs/extension/dwd>

The Purdue University Cooperative Extension Service is an equal access opportunity institution.

STEPS TO A HEALTHY YOU

Embracing a Healthy and Mindful Eating Pattern

Discover the Mediterranean way of eating with Purdue Extension's **Steps to a Healthy You** class series. We will guide you through seven simple steps to following a Mediterranean style of eating, providing you with the knowledge, tools and inspiration you need to make this healthful eating pattern a part of your life.

Space is limited, so register now to secure your spot in the **Steps to a Healthy You** class series. For more information and registration details, please visit

Cost: Free! Sponsored by Fulton County Health Department.

WHEN: September 25 October 2 October 9 October 16	LOCATION: Fulton County Fairgrounds 1009 W. 3rd Street Rochester, IN 46975	TIME: 1:00 - 3:00 pm
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Sign Up Today at: <https://cvent.me/G3n7gb>

Extension - Health and Human Sciences

Purdue.edu/hhs/extension

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APPENDIX A

6.



WOODLAWN HEALTH
CORPORATE WELLNESS

Earning the right to care for you,
your family, and our community.



Health Fair

Woodlawn Health is excited to take care of your wellness needs! Thank you for trusting us!

Location: RMP First Aid Room

1st shift 3a-7a: Oct 7, Nov 4, Dec 9, Jan 6, Feb 10, Mar 10

2nd shift 10a-2p: Oct 8, Nov 5, Dec 10, Jan 7, Feb 11, Mar 11

3rd shift 7p-10p: Oct 9, Nov 6, Dec 11, Jan 8, Feb 12, Mar 12

Saturdays 7a-10a: Oct 18, Nov 8, Feb 21, Mar 14

Things to Know:

- Please do not eat or drink 8 to 12 hours before your screening.
- Water and black coffee are okay to drink.
- No alcohol 48 hours before screening.





7. Housing & Homelessness – Affordability and Quality

- Brightpoint – Coordinated Entry & Housing Support
 - <https://www.mybrightpoint.org/index.php/housing-assistance>
- Housing Resource Hub
 - <https://yourhousingresource.org/fulton-county>
- Center for Child & Family Advocacy
 - <https://www.theccfa.org/>
- Hope House
 - <https://www.fchope.org/>
- New Home Development Company, Inc.
 - <https://newhomedevlopment.weebly.com/>
- Fulton County Housing & Homelessness Resource Guide
 - [Download PDF](#)

APPENDIX A

- Indiana Housing & Community Development Authority (IHCDA) – Regional Housing Programs
 - <https://www.in.gov/ihcda/indiana-balance-of-state-continuum-of-care/regional-structure/>
- “Hoosier Homes” Down-Payment Assistance Program
 - <https://club720.org/hoosierhomes-dpa/>
- IHCDA – Housing Choice Vouchers
 - <https://www.in.gov/ihcda/homeowners-and-renters/section-8-housing-choice-vouchers-hcv/housing-choice-vouchers>
- Indiana Housing Now
 - <https://www.indianahousingnow.org/>
- Housing 4 Hoosiers
 - <https://housing4hoosiers.org/>

Mental Health – Affordability and Access (Youth & General Population)

- 4C Health
 - <https://www.4chealthin.org/>
- Indiana Behavioral Health Access Program for Youth (“Be Happy”)
 - <https://medicine.iu.edu/psychiatry/clinical-care/integrated/behavioral-health>
- Indiana Child Mental Health Wraparound Program
 - <https://www.in.gov/medicaid/members/home-and-community-based-services/child-mental-health-wraparound-program>
- IRHAHelp – Connecting People and Programs
 - <https://www.indianaruralhealth.org/resources/irhahelp-connecting-people-and-programs/?back=resources>
- 988 Crisis Lifeline & Mobile Crisis Teams
 - <https://www.in.gov/fssa/dmha/certified-community-behavioral-health-clinic/individuals-receiving-services/>
 - <https://988indiana.org/>
- Be Well Indiana / Indiana 211 Helpline
 - Dial 2-1-1 or text your ZIP code to 898-211
 - <https://www.in.gov/fssa/dmha/be-well-indiana/> (optional site for more info)
- Mental Health America of Indiana (MHA-IN)
 - <https://www.mhai.net/>

APPENDIX A

- Indiana FSSA – Division of Mental Health and Addiction (DMHA)
 - <https://www.in.gov/fssa/dmha/>
- INConnect Alliance
 - <https://www.in.gov/fssa/inconnectalliance/>
- Indiana Youth Institute
 - <https://iyi.org/>

Affordability – Healthcare, Livable Wages, and Quality Childcare

- FSSA – Child Care Assistance
 - <https://www.in.gov/fssa/carefinder/child-care-assistance>
- On My Way Pre-K (OMWPK)
 - <https://fireflyin.org/programs-services/child-abuse-prevention/child-care-and-development-fund-ccdf>
- FSSA – Child Care Provider Info (Fulton County)
 - <https://www.in.gov/fssa/carefinder/become-a-child-care-provider/facilities-consultants/fulton-county/>
- Healthy Indiana Plan (HIP)
 - <https://www.in.gov/fssa/hip>
- HealthCare.gov – Lower Cost Healthcare Options
 - <https://www.healthcare.gov/lower-costs>